

FIELD HOCKEY CAMP WITH KRISTY HARTMAN

Camp Description:

Field Hockey with Kristy Hartman

Ages, start dates & prices below / 4 days

Programs are directed by Kristy Hartman Mumma, UMBC alumnae, former USA FUTURES, Division 1 college and Hymax club coach. Kristy brings her passion for field hockey and true love of sports to each program. Camp staff embrace and exhibit the “excellence in athletics” principle that sports can teach life skills and lessons. Coaches are former or current college coaches and players.

6-14 yrs / Beginner 4 days starting Jul 8 / \$97

This camp is designed for players with little or no experience. Instruction will focus on development of individual basic skills of possession, passing, receiving and shooting on goal. Team concepts and small group play will also be included.

[RP7261.401](#) Rockburn Branch Pk – Turf Field 5 9 AM-noon M-Th

12-16 yrs / Intermediate & Advanced / 4 days starting Jul 29 / \$144

Players with intermediate instruction, recreational league, travel league, JV or Varsity team experience will benefit from this intense hockey program. Instruction will focus on continued development and mastery of individual skills of possession, passing, receiving and shooting on goal while building on game knowledge that includes attacking sequences, specific number situations, defensive situations and field positioning. Small group and team play will also be included. Participants will be grouped according to their skill level. If you want to step up your game to the next level, this is the camp for you! This camp is not designed for beginners. Teams or partial teams are welcome.

[RP7261.411](#) Cedar Lane Pk West-Turf Field 6 9 AM-2 PM M-Th

What to Bring:

Eat a quality breakfast each morning. Please bring field hockey stick, shin guards, mouth guard, \$2 for a back-up mouth guard, a filled re-usable water bottle and non-perishable snack/lunch. We do not have a refrigerator on-site. Extra water will be available on site for frequent water breaks. Campers should wear comfortable athletic clothes and athletic shoes. Jewelry of any kind is discouraged. **Please do not bring any food items that contain any peanut or nut products (other children may be allergic). Please do not bring any valuables to camp.** The Camp Director will have a camp cell phone available for all emergencies.

Important Forms:

- [Participant Information Form](#) ←click to access form online
You MUST bring this form, completed and signed, with you on the first day of camp. Without this form, we cannot accept your child at camp. Please notify the Camp Director in writing of any allergies or health concerns pertinent to your child’s camp experience.

- [Medication Order Form](#) ←click to access form online
Sending medication to camp is highly discouraged. But, if it is necessary for medication to be administered during the operation of the camp, a Medication Order Form must be filled out and signed by the parent. A separate form is required for each medication. All medications must be in the original container with the medication name, physician's name, dosage and expiration date.

Sunscreen:

Campers are asked to have sunscreen applied prior to arriving at camp each day.

Daily Schedule:

All campers MUST be signed-in and signed-out DAILY with the camp staff. Curb pick-up is not an option as a safety precaution for our campers. A signed note must be given to the Camp Director for permission for your child to go home with anyone other than those listed on the "Camp Participant Information" form. Camp will include one craft project each day. There will be a performance on the last day of camp. Please check with the camp staff to confirm the time of the performance.

Directions:

Rockburn Branch Park East Area - 5400 Landing Road, Elkridge, 21075. Rte. 29 to Maryland 100 East toward Glen Burnie. Travel 4 miles and take the Maryland 103 exit. Go through the roundabout and continue on Maryland 103/Meadow Ridge Road. Pass through the next roundabout. At the first signal light, turn right on Montgomery Road. Proceed straight past the Troy Hill Golf Course. Drive about 1.8 miles and make a left onto Landing Road. The park entrance will be about .75 mile on the left.

Cedar Lane Park West Area - 5081 Cedar Lane, Columbia. **From Ellicott City:** Route 29 South to Route 108 West. Route 108 West to Cedar Lane (opposite Howard County Board of Education). Turn left onto Cedar Lane. Park entrance is on left approximately 1/4 mile. **From South of Columbia:** Route 29 to Brokenland Parkway bear left on ramp (to Town Center). Turn left at first light onto Hickory Ridge Rd. Turn right onto Cedar Lane to left onto Harpers Farm Rd. Turn right onto Rivendell (past Fenland Field Apts.) and follow road to Park entrance on right.

Inclement Weather:

The camp will meet rain or shine. For severe weather program changes, information will be available one hour prior to the camp start time on the Department's program status line, 410-313-4451.

For More Information:

Derek Ludlow
Recreation Supervisor
410-313-4716
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